

Alaska AFSCME Retiree Chapter 52

Quarterly Newsletter

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RETIREE HEALTH PLAN ADVISORY BOARD

The Retiree Health Plan Advisory Board (RHPAB) was created by Governor Walker under Administrative Order 288 to give retirees in the Public Employees, Teachers and Judicial Retirement Systems (PERS/TRS/JRS) a voice in the administration of the retiree health care plans. The Board members are:

Judy Salo (Board Chair), TRS Retiree
Cammy Taylor (Board Vice-Chair), PERS Retiree
Mark Foster, PERS Retiree
Joelle Hall, Public Member
Gayle Harbo, Alaska Retirement Management Board (ARMB); TRS Retiree
Dallas Hargrave, Human Resources Official
Mauri Long, PERS Retiree

The Board meets quarterly. Additional information, including meeting dates and how you can attend and participate in these public board meetings, is available on the AlaskaCare RHPAB http://doa.alaska.gov/drb/alaskaCare/retiree/advisory.html or send an email to alaskarhpab@alaska.gov

Upcoming Meetings

- August 29, 2018
- November 28, 2018

If you do not have access to a computer, you can request information through the Division of Retirement and Benefits toll-free at (800) 821-2251 or in Juneau at (907) 465-4460.

2003 Defined Benefit Plan (with 2018 Plan Amendment)
Defined Benefit Plan (DB) Retiree Insurance Information Booklet



DID YOU KNOW?

That the San Francisco Cable Car is the only National Monument that moves.

Aetna Nurse Line

A registered nurse is available to you by phone 24 hours a day, free of charge. Nurses can be a great resource when considering options for care or helping you decide whether you or your dependent needs to visit your doctor, an urgent care facility, or the emergency room. They can also provide information on how you can care for yourself or your dependent. Information is available on prescription drugs, tests, surgery, and many other health related topics. This service is completely confidential. **Call (800) 556-1555!**

Imagine What You Can Achieve With the FREE COLLEGE BENEFIT!



In partnership with AFSCME and Eastern Gateway Community College (EGCC), The Union Plus Free College Benefit makes it possible for you and your family members (children/stepchildren, grandchildren/step grandchildren, spouses, domestic partners and financial dependents) to earn an associate degree completely online—for FREE!

Your dream of getting a degree can become a reality. It all starts with the decision to take action. Online classes let you work on your own time and at your own pace. Eastern Gateway is regionally accredited, so credits are transferable and provide students with a solid foundation to continue their education. EGCC will help ensure any previous college work or relevant work or military experience counts towards your degree.

Visit (https://www.unionplusfreecollege.org/contact-us/)

Membership Has Its Benefits AFSCME Advantage Scholarship Programs

https://www.afscme.org/members/scholarships

- AFSCME Family Scholarship—\$2,000 renewable scholarship awarded to high school seniors each year.
- Union Plus Scholarship— Active and retired AFSCME members, spouses and dependent children are eligible to apply.
- Gerald W. McEntee Scholarship

 In honor of former AFSCME Pres. Jerry McEntee this one-time

 \$5,000 scholarship is awarded annually to an AFSCME member for use towards higher education.

Sign up for the monthly AFSCME Advantage newsletter to see what the latest discounts are for AFSCME members. https://www.afscme.org/members/advantage

AMERICA THE BEAUTIFUL



Mesa Verde National Park Colorado



Mount Rainer Washington

The United States has 60 national parks located in 28 states and the territories of American Samoa and the U.S. Virgin Islands.

The National Park Service (NPS) offers a Senior Pass to U.S. citizens and permanent residents who are 62 years and older. The pass provides access to recreation areas managed by six federal agencies and provides a discount

on some amenity fees, such as camping.

The pass can be obtained in person from a participating federal recreation site or office. Passes can also be purchased by mail or online: https://www.tripsavvy.com/how-to-purchase-the-senior-pass-3361867

As of August 2017, the cost of a lifetime Senior Pass is \$80.

An annual pass is \$20. Find a National Park near you or near where you're vacationing this summer.

https://www.nps.gov/findapark/index.htm

