



ASEA Local 52 At The 43rd AFSCME International Convention

RISE UP!

That was the theme of the 43rd AFSCME International Convention, which was a blast!

Prior to the convention our delegation had scheduled teleconference meetings to go over our resolutions and the amendments sent to the delegation from AFSCME International. We all arrived in Boston rarin' to go but quite jet lagged. Our 10 member delegation worked diligently and provided their input on all the resolutions that were put forth from our delegation to the Convention body. The Alaska delegation had the following seven resolutions:

- Electronic Voting-(PASSED -our most prized passed resolution)
- Fair Elections
- Corporate Personhood
- Equal Rights Amendment
- AFSCME International Accountability-withdrawn
- Intersectionality
- Black Mold and Habitation

Our AFSCME International Accountability resolution was withdrawn due to the fact AFSCME has already implemented the resolution resolves. Our delegation had the honor of speaking with Brother Stephen Kreisberg with AFSCME who guided us on crafting some positive amendments to our resolutions and encouraged us to attend the Resolutions committee to allow us to give background and/or answer any questions the Resolutions committee had.

Upon registration delegates were given an AFSCME shoulder bag with our Amendments and Resolutions books, along with a book: Memphis, Martin, and the Mountain Top-The Sanitation Strike of 1968 written by Alice F. Duncan. We had buttons,

pins, and a guidance brochure about Right-Wing operatives approaching us here at the convention which helped us navigate and be vigilant about who we talked to during the convention.

As your President, this was my second convention and the first time attending the Whips and Planning session for new Presidents and Executive Directors to connect with AFSCME Staff. It was reported there were 1000 first time delegates and 3070 pre-registered delegates. This session focused on knowing how the programs were planned each day. It also encouraged your delegation to speak up, speak out and support other delegates while making sure certain time sensitive matters were executed. This was done with the help of our AFSCME staff, Sister Tam Tocher. We were given handouts which had pictures of the Project Veritas Undercover operatives that we needed to be on the lookout for.

The speakers were awesome! OMG Elizabeth Warren, Elissa McBride, our Secretary-Treasurer, Princess Moss, NEA Secretary-Treasurer and our National President Lee Saunders. The most inspiring part of the speakers/panels for me was the two sanitation workers of 1968 who were among us and relaying the message that we must never give up, and to **RISE UP** continue to build the union as they did while supporting the rights of their workers who lost their lives. Amazing that one sanitation worker is still employed at the age of 89!

"Rise Up" was the theme of the convention, each delegate enrolled in a specific "track" in the areas of Communications, Organizing, Political Action and Representation and Financial workshops and everyone

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Solidarity Update

Did You Know?

DID YOU KNOW?



• Labor Day, is the first Monday in September.

* This day, every year is dedicated to the achievements of the American worker, both economic and social

* This yearly national recognition is made to show the strength and prosperity of our nation

• This recognition was first done through municipal ordinances which were passed in 1885

LABOR DAY



• The New York State legislature, was the first to introduce a state bill

• Oregon was the first state to pass a state legislation

• During 1887, Colorado, Massachusetts, New Jersey and New York passed legislation to create the Labor Day Holiday

• Connecticut, Nebraska and Pennsylvania by the end of the decade had also passed legislation creating the Labor Day holiday in their states

• By 1894, the remaining 23 states soon followed and adopted Labor Day as a holiday. On June 28, 1884, Congress then passed an act making the first Monday of September of each year a legal holiday in the District of Columbia and all the territories

• On Tuesday September 5, 1882, in New York City the first Labor Day celebration was held by the Central Labor Union

• On the first Monday in September 1884, the first celebration of the Labor Day holiday was held in New York City. The Central Labor Union urged other organizations and cities to follow the example set by New York and to start celebrating the "workingmen's holiday" on the first Monday in September



Celebrate

the work of our hands

Labor Day

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had the opportunity of attending two Leadership sessions: Leading Change and the AFSCME Sector Cafe: Envisioning Our Growth. We are all the first graduates of The AFSCME "Rise Up" Institute.

We squeezed in time to attend Sector Growth sessions which gave members an opportunity to have meaningful conversations about workplace and industry-specific issues and the effects of union density on those issues. I attended the Law Enforcement Sector Session and the common theme coming from this sector was there is a lack of communication from management, lack of manpower (budget) and training of workers.

All the resolutions and amendments that passed will guide our International to set the course of building and sustaining our collective voice and supporting members by bargaining for everyone. We will continue to express the need for unions in our country.

All the convention business was accomplished. There were two elections; one for IVP and International Secretary-Treasurer. Elissa McBride was re-elected as our International Secretary-Treasurer.

We honored our Veterans and heard from the students (victims) from the Parkland School shooting which was very emotional and moving. We honored four past International Giants: Arnold Zander, Jerry Wurf, Gerald McEntee with the titles of President Emeritus and William "Bill" Lucy with Secretary-Treasurer Emeritus and paid tribute to and honored their service to our Union and our nation.

We were given guidance from AFSCME on the Supreme Court Decision in Janus vs AFSCME Council 31 and encouraged not to demoralize members who choose not to be a member. *We will represent all.*

An update on Mark Janus, the worker who brought the Janus case to court, retired with a Union bargained pension.

At the last session for everyone, if they were able to attend was: "Taking it Home: Rise Up Institute Strategy and Planning." This strategy session enabled us to take what we learned

and to bring it home and develop an action plan to communicate with and inspire our co-workers to strengthen our union activism and become more involved. While networking with other Brothers and Sisters, enjoying the Happy Hour, trading pins enthusiastically, we came and we conquered! Alaska was definitely in the spotlight this year!

So please read excerpts from your elected Alaskan delegation. They will share their experiences they each encountered. Once again thank you for allowing us to serve you at our International Convention.

- President Dawn Bundick

RISE UP!

The following are experiences from ASEA Local 52 members that attended the 43rd AFSCME Convention.

Cynthia Washington, Anchorage E-Board member and Steward

I was blessed to be elected by my union family to represent Alaska as a delegate for the 43rd Biennial AFSCME International Convention July 14, 2018 through July 20, 2018 in Boston.

Thank you again for such a great opportunity.

I was part of a team of 10 delegates. We had several teleconferences prior to our departure to go over the 8 resolutions we were submitting to the convention.

We all met up as soon as we arrived in Boston prior to the convention on Saturday.

We worked late into the evening working on polishing the resolutions.

Resolutions listed below: (Note all resolutions passed at the convention)

- Equal Rights Amendment
- Electronic voting for union officer elections
- Intersectionality
- Black Mold and Habitation

Through the new Rise Up Institute I attended several workshops covering important topics:

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•AFSCME Financial Standards Code

The Janus decision, was the reason I choose this workshop as I would be able to bring back information to assist with budgeting, auditing, and to plan for the future of our union.

•Contracting and Bargaining

I really wanted to learn about negotiating better contracts especially in this new Janus age I wanted to get ideas to assist our union because this is very crucial time.

•Connecting Racial, Gender and Economic Inequality

This class was an eye opener. I learned so much. We explored the harmful impacts and causes of unequal distribution of wealth in the United States.

In spite of the Janus decision the solidarity and comradery were the best I have seen which made this a great convention. The standing together through networking with Hawaii and Oregon was unprecedented. We came together as a team and got the job done. I gained so much hope for the future of our Union. We have lost the battle but we will win the war. We will be stronger not weaker because we remain united.

RISE UP!

John Bennett, Midnight Sun E-Board member and Steward, CNC Northern Negotiator

I have attended five International Conventions and this one was by far the best organized and productive in terms of the Alaska Delegations preparation and effectiveness.

ASEA's delegation, composed of ten delegates and our Executive Director, was a real dynamo with a powerful force at the convention. By the time the convention closed, most of the over 3,000 delegates, knew where the Alaskans were seated and definitely knew where we stood.

Chuck (Charles) Stewart, Anchorage Chapter Steward, CNC Class One Negotiator

I want to THANK the Anchorage Chapter for the privilege to attend the 43rd International AFSCME Convention in Boston this past July.

The International's Convention theme was RISE UP! The International's strategy was to develop the AFSCME "Rise Up" Institute! The purpose of the Institute was to "offer courses that would provide members with the skills, knowledge and confidence they need to build power, advocate for working families and effectively communicate in 2018 and beyond." Delegates could earn a course completion certificate in one of the following core course tracks: (Core Course #1) Leadership Development, (Core Course #2) Organizing by Work Sector or (Core Course #3) Strategy and Planning Session in four critical areas — Organizing, Political and Legislative, Communications, and Representation. I chose the Political and Legislative track and our courses started as early as 7:30 a.m. and sometimes ended as late at 9:00 p.m.

ASEA's Delegation was very busy and we spent long hours on the convention floor during the general sessions and actively participated in all Convention committee meeting, trainings, events and activities. It was also a great opportunity to reconnect with members I had previously networked with at previous conventions as well as reaching out to new people from other locals and councils who were experiencing the AFSCME International Convention for the first time. ASEA's delegation was successful in getting a number of Resolutions passed, actively tracked Resolutions and Constitutional Amendments and was vocal in speaking to motions and resolutions when they came to the floor. ASEA's delegates were not silent and were ENTHUSIASTICALLY INVOLVED in all aspects of the 43rd AFSCME International Convention and we were HEARD!

I believe this was one of AFSCME's most successful conventions because it was loaded with many opportunities to learn and

improve their skill set whether they were from a large local or a small council. It was a great learning experience for me and Val Kenney and we are very grateful that our Anchorage Chapter supported us and gave us the opportunity to participate and learn— again THANK YOU!

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NOTE: Val Kenney and I provided a detailed written report of our 43rd AFSCME International Convention experience with respect to Constitutional Amendments, Resolutions, and information on the Core Courses and classes we took to Chapter President Bernice Wilson. President Wilson noted at the August 8th Chapter meeting that chapter members can contact her to set up a time to review our report.

Courtney Wendel, State E-Board Secretary, President Juneau Chapter and Steward

I was happy to see several ASEA delegates network with other locals and work together on talking points for resolutions. As a delegate representing Alaska, I felt proud to be a part of sharing information and perspective while contributing to the larger conversation around many resolutions and to see that many of our union siblings are working towards the same goals we are locally. We had interesting conversations both at convention and at hotels, as delegates from all over are passionate about improving the working situations and the lives

of union members nationally. I think the most interesting conversations were around the recent Janus decision, and how we as union members should consider employees who have dropped their union. This was a very heated conversation at times and it was interesting to hear so many different situations and perspectives. I was very proud that even in discussing a passionate topic, delegates never developed into a hostile or aggressive conversation and we were all able to discuss our views and reasons why. From conversations with other

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delegates and our own ASEA delegates, I wrote a speech that I read in support of resolution 51, in regards to the #MeToo movement. ASEA Local 52 delegates stood in support with me at the mic as did many from Washington and Oregon – and many from ASEA stood with WA and OR as well in support of their delegates. This show of solidarity is essential – not only at convention – to have union siblings from all over stand with each other in support of issues that affect us all. I also wrote a speech of support for our Equal Rights Amendment resolution, and due to flight schedules was happy to pass my words off to my Sister from Fairbanks to read. We had many talented and passionate delegates attend the AFSCME 43rd International Convention, and I look forward to the work we will continue to do.

Val Kenny, Member Anchorage Chapter

I attended the 43rd international AFSCME Convention held in Boston July 12-24, 2018. Every AFSCME convention has a theme and the 43rd convention was RISE UP! With the attacks on public unions it was an appropriate theme. This convention was organized so that a delegate could choose a track they were interested in learning more about. I choose the Political Track which consisted of four classes. Classes usually started at 7:30 and went to 9:30 with the floor convention starting at 10. Along with the political classes I attended three classes on different subjects ranging in diversity; leading change and organizing. There were long days on the convention floor but the Alaska delegation was always present and participated. We kept track of resolutions and constitutional amendments and had no problem getting up to the mic and voicing our thoughts and wishes. There wasn't a shy one in the bunch. This was a very productive convention and I thank everyone who voted for me and made this experience possible.

Brandon Nakasato, Anchorage Chapter Board Member and Steward

After a total of nine hours flight time to Boston the delegation arrived and checked into the hotel in the late evening. After some time the delegation convened in the hotel's lobby restaurant for a working dinner (pictured below). At our work dinner we came to final agreement on all pre-submitted resolutions and completed revisions to the electronic voting resolution.

The delegation met (pictured top right) with Kreisberg and Tocher and the revised electronic voting resolution was met with approval. Sunday marked the start of the Rise Up Institute workshops as well as the first meeting of the convention's Resolution Committee.

I attended the Affiliate Budgeting in Challenging Times workshop. As a member of the ASEA Anchorage Chapter E-Board I



attend an evening planning meeting with some delegates from Oregon, Washington, Hawaii, and Michigan concerning efforts by the International Executive Board to combine resolutions on the subject of immigration.

On the second day of the Convention the General Session hammered through several resolutions, all of which were approved. The resolutions approved concerned the following topics: denouncing the erosion of regulatory policy under the Trump Administration, hurricane recovery and fiscal relief for Puerto Rico, repeal of harmful tax breaks for the wealthy and large corporations, the AFSCME Strong campaign, support for the restoration of parts of the Voting Rights Act, intersectionality (this resolution was a combined resolution of which one was authored by ASEA's John Bennett), fair redistricting, a living wage for workers, and a broader economic agenda for all.

I attended two Rise Up workshops. Connecting the Dots: Race, Gender, and Economic Inequality, was a remarkably insightful discussion and examination of the system nature of economic and sociocultural inequality in America. One of the positive features of my involvement with the union and workers' rights movement is that it allows one to contribute to a broader struggle for social justice.

This workshop outlined in detail just how that happens and the specifics of the challenges we all face. The presenters facilitated a discussion on how today's inequalities are the product of long-standing state and federal policies. The group discussed the specifics of these policies. We then had an exercise where (Continued on page 5)



am aware of the need for all members of chapter leadership to have the necessary skills and knowledge to adequately discharge our fiduciary duties. The training focused on accounting for the potential of reduced revenues, long-term financial planning for our local organizations, and ethical resource allocation will be invaluable as we chart a secure path through the post-Janus landscape.

I was unable to attend the first day of the convention's General Session and scheduled Rise Up Institute workshops. On this day, I chaired a quarterly meeting of the Alaska State Commission for Human Rights. While I was unable to attend the workshops I did

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in the room had images representing different historical events on the walls and we were invited to speak about what one of these events meant to us personally and whether it was a blockage or help to progress.

I chose the Fourteenth Amendment of the US Constitution as a step forward because its Equal Protection Clause has led to decisions and laws concerning the right to vote and for equal treatment in public accommodations (various Civil Rights Acts), interracial marriage (Loving v. Virginia), and same-sex marriage (Obergefell v. Hodges) which have had a direct impact on the course of my life and those of my family and friends.

The final workshop of the day was the end of the Rise Up Institute, Taking It Home. At this session, we created an action plan using the S.T.A.R.T. procedure. I connected my plan with the ideas I had gathered at the convention. This included work with a member of the Hawaii delegation concerning cooperation on electronic voting and research on an Alaskan version of New Jersey's Workplace Democracy Enhancement Act.

I attended a training on the AFSCME Financial Standards Code. This training covered bank statements, check handling, payroll, reimbursement, record-keeping and tax requirements. It also covered meeting minutes and their relation to the authorization of expenditures.

During the Thursday General Session we heard from several speakers including Princess Moss who is the Secretary-Treasurer of the National Education Association, Randi Weingarten who currently serves as President of the American Federation of Teachers, and Mary Kay Henry who is the President of the Service Employees International Union. Boston Mayor Marty Walsh and New Jersey Governor, Phil Murphy also spoke to delegates. Mayor Walsh described his own immigrant family background and connected it with the current debate over national immigration policy. Governor Murphy delivered news that the New Jersey state government and public sector unions had

reached agreement after protracted disputes with the previous state administration.

The General Session passed several amendments to AFSCME's International constitution on topics including the definition of "good standing" with respect to member dues payments, clarification of the rules concerning affiliations between the AFL-CIO and area and local central bodies changes to the procedures by which a special convention of the International union can be called, updating of publications language, and an update to the union member bill of rights to add protected designations for gender identity, immigration status, and ethnicity. The General Session also passed a resolution supporting the #MeToo movement. ASEA State E-Board Secretary, Courtney Frost Wendel, (*pictured below*) spoke on this measure. Other resolutions passed concerned honoring Dr. Martin Luther King, Jr. and the Poor People's Campaign, preserving exclusive representation and gender pay equity.

On the final day of the Convention the General Session successfully reviewed all remaining resolutions. Three of which were sponsored by the Alaska delegation. State E-Board President, Dawn Bundick (*pictured above right*), spoke on the electronic voting resolution. I worked with President Bundick and State E-Board member, Beth Siegel, to blend their prepared remarks to communicate the specific points as to why Alaska

needs electronic voting. President Bundick spoke to the dispersed nature of Alaska's statewide union membership and how the required use of postal balloting is affected by severe weather and unusual distances for such a large and rural state and how the costs can be quite burdensome especially if re-run elections are required. The General Session also passed ASEA sponsored resolutions on black mold and habitation (resolution written by ASEA E-Board member Nadine Lefebvre), support for

passage of the Equal Rights Amendment (resolution written by ASEA State E-Board

Secretary Courtney Frost Wendel.)

OBSERVATIONS

The Rise Up Institute was a new feature for this convention and it was one which I think was of good use and should be continued into the future. Each workshop I attended had pertinent and vital information which I could bring back to my local for the benefit of our members. This is an important aspect when it comes to considering the added value of sending delegations to the International convention so the Rise Up Institute workshops are indeed invaluable.

Alaskans certainly punched above its weight during the 2018 convention. There were approximately 3000 delegates from across the United States and the Alaskan delegation was all of 10 people. We represented a fraction of the convened assembly yet I noticed we all were reaching out to other state delegations while in committee meetings, during the evenings, and on the sometimes raucous floor of the general sessions. We had several delegates speak before the assembly on our resolutions and on those sponsored by other delegations. And for the first time, unless I am mistaken, Alaska successfully shepherded multiple resolutions to approval. The Convention approved 58 resolutions so this means Alaska with just a fraction of the overall assembly accounted for nearly 1 in 10 of the resolutions approved by the assembly. I hope you are as proud of this outcome as I am.

With respect to the resolution for which I advocated concerning electronic voting in union officer elections, I was delighted that it passed. But the resolution as revised serves a primary purpose of keeping the issue on the radar of the International Executive Board. And while passage by the Convention reiterates the issue's importance to AFSCME

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general membership it will be incumbent on the delegates to continue the push on this issue between now and the 2020 International Convention in Los Angeles. Passage of the resolution is a landmark but not the conclusion of the effort to modernize election options for union locals and councils.

Within this report, I have tried to include information from workshops attended, speakers to the General Session, resolutions and constitutional amendment topics, and general observations after some time for reflection. I hope this report is found useful to you as a member of ASEA who supported all of us who went first with your votes and voice and then with union funds to allow for that representation in Boston. I want to thank you once again for your support as this was an opportunity for which I am deeply grateful. My list of speakers, resolutions, amendments and workshops attended is not exhaustive but you may find additional information from the reports of other delegates. If you have any questions or comments please do not hesitate to contact me via email at copebh@gmail.com or by phone or text at 907-570-6373.

**Beth Siegel, State E-Board,
Northern Region Representative,
Midnight Sun Chapter Board
Member and Steward**

It's hard to distill a week of intense learning and hard work into just a few lines, but I'm grateful for the opportunity to give our accomplishments at this Convention.

Before Convention, your ASEA delegates met telephonically several times to collaborate on a total of seven resolutions. Brother Brandon Nakasato did the yeoman's work on our electronic balloting resolution, with contributions and edits from the delegation. We also met with AFSCME representatives who gave us some updates on this issue, and helped us revise our resolution to make it more workable for the Resolutions Committee. This ended up being one of four ASEA resolutions to make it out of committee, and it was later adopted by the Convention on a near-unanimous vote.

Following the vote, I met with a New York delegation that is also interested in electronic elections, not so much because they need to enfranchise far-flung members, but because they see it as a great cost-saving measure. Other delegates also met members from across the U.S. who share various concerns on this issue. My co-delegates and I are already looking at follow-up with the contacts we made and are hopeful that partnering with some of the larger "Lower 48" affiliates – in addition to our allies in Hawaii – will allow us to bring more pressure on those who can help make electronic voting a reality.

Brother John Bennett did the initial drafts of five resolutions, including one on AFSCME accountability to members. After meeting

with AFSCME representatives, and getting assurances that leadership has already implemented – or intends to implement – most of the directives in that resolution, we agreed to withdraw it. We also agreed to continue to monitor the areas of concern, and work with our International Vice Presidents as we note opportunities for additional improvements – especially around communication.

Sister Nadine Lefebvre re-submitted her resolution on black mold, which passed with unanimous consent. This resolution directs AFSCME to request further study and legislative action on this serious issue that affects so many members, particularly in Southeast I was appointed (Continued from page 7)



WAGES. BENEFITS. HEALTH CARE.

ARE THESE IMPORTANT TO YOU?

**Your elected CONTRACT NEGOTIATING
COMMITTEE (CNC) will be bargaining this fall.
ACT now and Opt-In to GGUCNC so together we
will achieve the best possible contract.**

Get immediate communications from your negotiating team (CNC) by opting into receiving text alerts.

**TEXT
GGUCNC to
237263 to
OPT-IN**



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to the Budget Committee, which – along with Brother Bennett's appointment to the Political Action Committee – marked the first time in at least 5 conventions that anyone from ASEA has been appointed to a convention committee. The Budget Committee moved very fast and was not like our local Convention committee, where we deal with the actual budget. Instead, we were tasked with reviewing budget-related resolutions and making recommendations to the Convention about whether or not to adopt them. It was a good learning experience.

I was also able to attend several trainings, including a valuable session on budgeting in a post-Janus world. I hope to use that information not only at the State level, but also in my local Chapter.

Convention was a whirlwind – and I left feeling energized and optimistic about our ability to move forward in spite of the Janus setback. I also feel our delegation worked well as a team. I'm hopeful that this was the first of many steps we will take together as we to fight the good fight for our members.

Cassandra Lynch, Anchorage Chapter Steward. CNC Central Negotiator

July 16, 2018, was the official start of AFSCME's 43rd Biennial International Convention. You all voted for 12 ASEA delegates to attend and I was fortunate to be one of them. Thank you all for your vote of confidence in me.

Ten ASEA delegates arrived in Boston where we worked on our resolutions late into the night. We were able to submit six resolutions, four of which, were later passed by the Convention after debate and discussion. The fifth resolution, AFSCME International Accountability, was withdrawn by the author after discussion with AFSCME International staff. The five resolution topics were: passage of the Equal Rights Amendment, electronic voting for union officer elections, AFSCME International Accountability, black mold and habitation,

and corporate personhood.

We attended many different workshops and sessions through the new Rise Up Institute. This was the first convention where there were specific issue tracks for different clusters of workshops. While it was difficult getting into some of the classes one might have wanted to attend, once you did find a class to attend the information presented was very enlightening.

I signed up for the AFSCME Financial Standards workshop. I believed with the economic challenges our union is facing the more we learn about our financial duties as leaders the more considerate and wise our actions will be for our membership. Knowing how to work with and discuss budgeting, auditing and record-keeping can also set us in a better position for the future. This workshop helped me understand how to look at our budget and weigh what is needed versus what we need in order to keep our chapters afloat.

Several of us also attended classes on contract bargaining. This class has given us tools to prepare for our next Contract Negotiation Committee (CNC) of which I am a member. We learned new strategies (or they may just be new to me) and ways to negotiate. We also learned how to better involve our members and the communities in which we live and serve. We were able to hear what has worked for our union family all across the US including Puerto Rico and Hawaii. One thing we all found we had in common was that working in our union makes for a stronger and more stable community.

This was the best convention I have attended as a delegate for ASEA. I believe as a member of our union we are ready for the battle that Janus has set before us. Thank you for allowing me the opportunity to represent ASEA and learn new tools to help strengthen

OUR UNION!

RISE UP!

**I AM AFSCME AFSCME PROUD,
ASEA PROUD !**

ASEA Facebook Frames



(ABOVE:) Stephanie Maltez, Midnight Sun Chapter President

Add an ASEA profile frame to your Facebook Instructions: Update profile pic, add frame , search for ASEA and select. Now you have your own ASEA Frame.



(BELOW) Jody Morris, Mat-Su Chapter President, E-Board Rural Representative



Solidarity Update

Can't Make It To A Fall Health Fair?



**ASEA HEALTH
TRUST NEWS**

Not to worry...you have other options!

The Fall Health Fairs are coming up, but what if you can't attend one of the scheduled Health Fairs – there's no Health Fair in your area, you have a previous commitment or the Health Fair you'd like to attend is already full? You can still get these preventive services through your ASEA Health Plan and there's no cost to you.

Schedule an appointment with your healthcare provider.

Preventive services such as office visits associated with preventive care tests and screenings, physical exams and associated recommended screenings, lab tests and x-rays, and immunizations are covered 100% by your Health Plan with no deductible. Learn more at aseahealth.org, Your Benefits, Preventive Care.

Make an appointment at the Coalition Health Center in Anchorage or Fairbanks.

You pay nothing – no copay or deductible - for services received at the CHCs including primary care, routine preventive exams and

services (ages 5+ in Anchorage, ages 2+ in Fairbanks), immunizations (flu shots and recommended vaccines), and lab tests. You can make an appointment by phone or online at coalitionhealthcenter.com.

Get a free flu shot at a participating CVS/Caremark pharmacy.

To find a CVS/Caremark pharmacy near you, go to cvs.com and click on Store Locator. Or, go to aseahealth.org, Your Benefits, Prescription Drug to find a complete list of CVS/Caremark participating pharmacies.

Preventive care is so important in maintaining your good health. The upcoming Fall Health Fairs offer many of you and your enrolled dependents the opportunity to get your flu shots and comprehensive lab tests – at no cost to you. Be sure to go to coalitionhealthfair.org to pre-register for your appointment soon. The Health Fairs are very popular and fill up quickly.

But, if you are unable to attend one of the Fall Health Fairs, you're covered for these same services through your ASEA Health Plan.

From the Desk Of The Executive Board President – A Time of Change

Sisters and Brothers,

The Janus case has come and gone and we want all members to know that we are still strong as ever. Our staff has been awesome in navigating all kinds of questions from our membership and I want to thank our staff for all their hard work. We couldn't do this without their resilience. We have also had AFSCME International staff in many locations helping us through trainings. As we continue to educate members about what our Union has to offer, we continue to stand strong and support one another. Thank you.

I am so proud that all our chapters and Chapter Presidents are engaging you and getting you involved. Attend a chapter meeting and lend your ideas and concerns. Whether it's a worksite issue or an idea to collaborate and/or partner with our communities and businesses, let's think outside the box and reach out to our communities and tell them what "we" do to help run the State of Alaska. If you speak positively about what you do for the State and encourage solutions for difficult matters, our communities will support us. Yes, I agree we need more workers to assist in the jobs we do. Ask for what you need to do your jobs because you deserve it and communicate when you need help. We are our own champions of change so I encourage you to be a **Champion of Change!**

As our students are going back to school, we are excited about the many learning opportunities that the new year brings. Don't forget as a MEMBER of our Union we have a FREE COLLEGE program! Many chapters may have scholarships available as well as our National AFSCME.org website has scholarships open now. Don't forget the AFSCME advantage discounts you as a member have the opportunity to take advantage of. If you don't know

about those discounts you may want to ask someone.

Our Contract Negotiating Team will be coming to you and asking you what you want in your contract. Now is the time to contact your elected negotiators. I'm sure you don't want more furlough hours, a longer work week, or your work to be contracted out, so let us know what you want and let the State know what you don't want. I am asking now, when we need you to come and rally on behalf for our contract to please show up in force as this will show our State elected officials and the administration we mean business and we deserve a contract that will support good working conditions, better wages/raises, and we deserve more and NOT more with less!

I'm sure you know there are upcoming legislative races across our state so be diligent, do your research and engage with your legislative representatives on what "YOU" as a state worker deserves.

Brothers and Sisters I am so honored to be your President serving you and I am a proud public service worker. My hat is off to you and I thank you for the work you do for our State, I know we all work hard.

Smile and say hi to another fellow member, it may be me, so if I have not met you please reach out to me as I would love to meet and talk with you. I will continue to serve you with Style and Grace!

In Solidarity and Friendship,

Dawn F. Bundick,

ASEA/AFSCME Local 52 State President