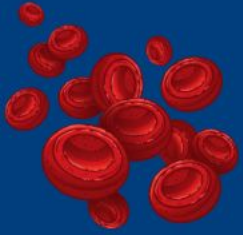


# LABOR **BLEEDS** FOR THE CAUSE



*Join the Alaska Labor Movement and the Anchorage Central Labor Council and last year's champions: **Anchorage Firefighters**, for our Fourth Annual "Labor Bleeds for the Cause" Blood Drive Competition*

*Schedule your appointment at a  
Blood Bank of Alaska location*



*1215 Airport Heights or 8920 Old Seward HWY*

*Scan the QR code to login to  
the donor portal  
or call the blood bank of  
alaska: 907-222-5630 or visit  
[bloodbankofalaska.org](http://bloodbankofalaska.org)*



*The Local Who Donates the Most Blood Will Win a Trophy and  
Bragging Rights for the Next Year!  
(Let's see if you can beat the Anchorage Firefighters!)*



## **Ensure a successful donation:**

- 🔴 Eat well
- 🔴 Stay hydrated
- 🔴 Bring photo ID
- 🔴 Plan for 1 hr
- 🔴 Must be 16+
- 🔴 Under 18 requires parental consent form

Questions: [stephenie.wolf@anchorageak.gov](mailto:stephenie.wolf@anchorageak.gov) • 907-223-6564