

Alaska Day  
Oct. 18

# ASEA In Action



## FREE COLLEGE?

Imagine what you can achieve with the AFSCME Free College Benefit.

It's AFSCME's mission to give you every advantage to get ahead. That's why we've partnered with Eastern Gateway Community College. **Through the AFSCME Free College benefit, you and your family members can now earn an Associate Degree completely online - for FREE.**

### Who qualifies for AFSCME's Free College benefit:

- AFSCME Members
- Retired AFSCME Members
- Family of AFSCME Members\*

The Free College Benefit combines Pell Grants & employer reimbursements with AFSCME's "last dollar scholarship." Together, these funds cover full tuition for participating degree programs. More specifically, the last dollar scholarship covers all remaining costs after federal or state grants and employer reimbursements are applied. Don't worry: Even if it's determined that you are eligible for federal, state or employer financial aid, AFSCME's last dollar scholarship has you covered. It will still be applied to your remaining balance for tuition and fees.

How Online Learning Works: Online learning is designed to accommodate your individual needs. Our online learning site lets you set your individual goals and schedule how quickly you want to complete your degree.

- You can **BALANCE**: go back to school while you continue to work
- Its **FLEXIBILITY**: Study and complete assignments on your schedule
- Its **ACCESSIBILITY**: Log in anytime, anywhere there's an Internet connection
- The **CREDIBILITY**: Graduate from a respected, accredited academic institution
- The **ENRICHMENT**: Interact with classmates and professors from diverse backgrounds
- The **ASSURANCE**: All credits are transferable
- The **BEST BENEFIT OF ALL: IT'S FREE!** Thanks to AFSCME's Free College benefit, you and your family members can advance your education with no out-of-pocket cost.
- The **BOTTOM LINE**: Going back to school is more convenient than ever before. Log in during your lunch break. Listen to a lecture after you put the kids to bed. Complete an assignment when you get home from work. No matter your schedule, online learning can support it.

This is a unique opportunity — available only to AFSCME members, your families and retirees. [For more information about the benefit and available degree programs go to: http://afscmelocal52.org/AFSCME-Free-College-Benefit](http://afscmelocal52.org/AFSCME-Free-College-Benefit)

We hope you'll take a look at this exciting new program and take advantage today to help grow your career.

\*Family of AFSCME members are defined as children (or stepchildren), grandchildren (or step-grandchildren), spouses, domestic partners and financial dependents.

## Important Dates

Oct. 5, 2016	Basic Steward Training
Oct. 6, 2016	Advanced Steward Training
Dec. 15 - 16, 2016	State Executive Board Meeting in Anchorage
February 6, 2017	State Executive Board Meeting in Juneau

## ASEA Health Trust Fall Health Fairs

The annual Health Fairs are fun and free for you and your family. Take advantage of free seasonal flu vaccines and **free preventive care blood test.**

- Chemistry/Hematology Profile (a comprehensive blood test)
- Thyroid Screen (determines how well the thyroid is working)
- PSA-Prostate Disease Screen (recommended for men as early as age 40)
- Vitamin D Screen (measures your vitamin D levels)

Pre-registration for lab tests and flu shots opened on Aug. 15 and closes the Wednesday before the fair. Call 907-264-1722 or 888-254-7884 or go to [coalitionhealthfair.org](http://coalitionhealthfair.org)

### 2016 HEALTH FAIRS ( 8 a.m. to 12 noon)

#### ANCHORAGE (preregistration required)

Saturday, Oct. 8 & Sunday, Oct. 9

Saturday, Oct. 29 & Sunday, Oct. 30

NEW LOCATION: Hanshew Middle School  
10121 Lake Otis Parkway

#### JUNEAU (preregistration required)

Saturday, Oct. 22

Centennial Hall • 101 Egan Drive

#### Soldotna (preregistration required)

Saturday, Oct. 22

Central Peninsula Hospital • 250 Hospital Place

These Health Fairs are brought to you by your Health Plan through its participation in the Health Care Cost Management Corporation of Alaska (HCCMCA)

